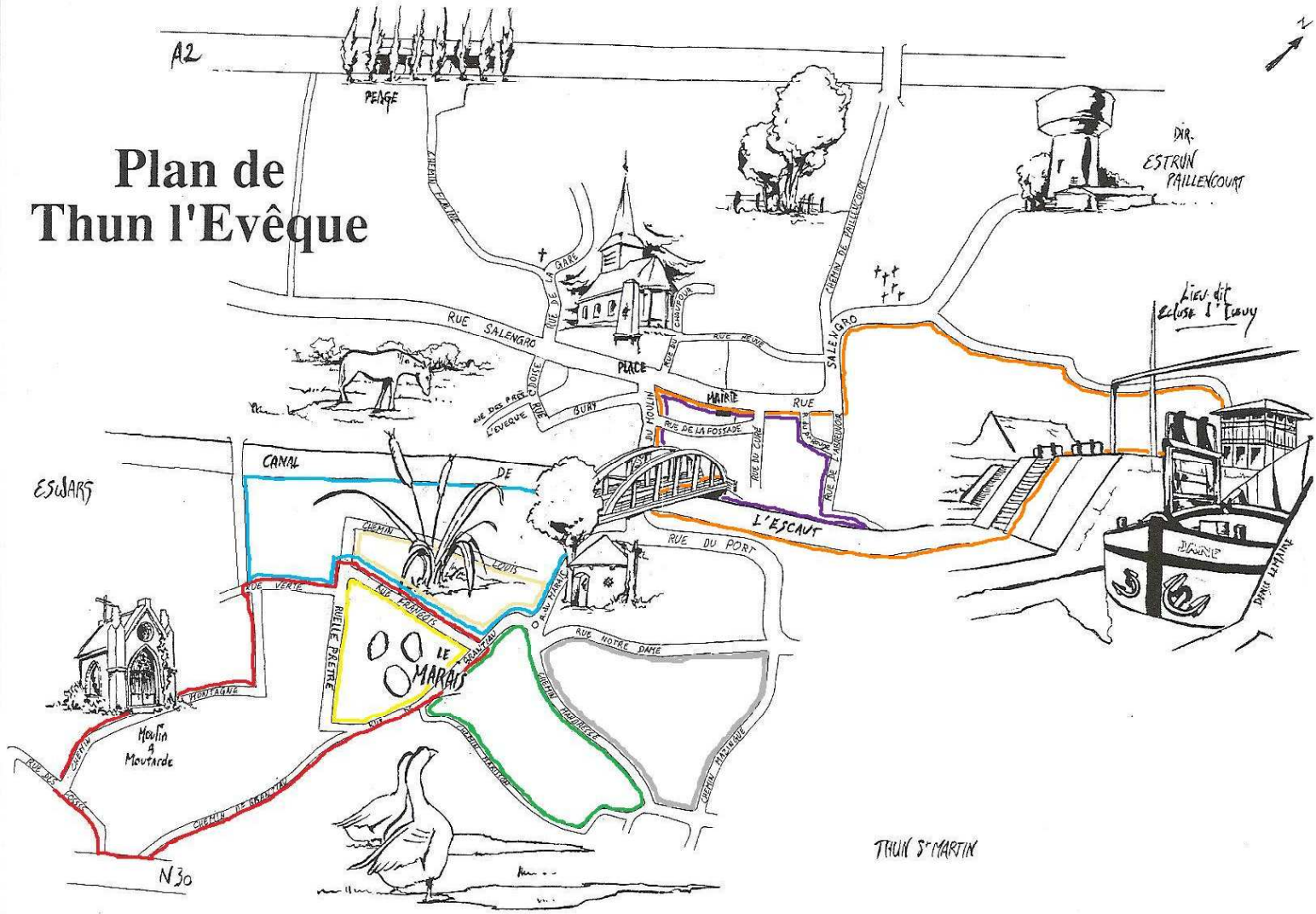Plan de Thun l'Evêque